

Temporary Crown Care

Starting oral rehabilitation, a restorative process, Dr. Kahn and you have expectations and concerns for your therapy. After long appointments, the jaws may be tender, teeth may be sensitized, and gums may be sore. The following may offer simple solutions to your potential discomforts, allowing for healthier, esthetic results.

Jaw Tenderness – The jaws may sore or stiff to open widely or to active chewing immediately following a restorative session. Movement to the jaws is indicated, gliding the lower jaw forward and backward, sliding the jaws side to side. Warmth to sore jaw muscles along with over the counter analgesics should offer relief. Please notify this office if a tooth or teeth feel as if they contact first or harder than other teeth.

Sensitive teeth- Prepared teeth may become sensitive to sweets, sour foods, or temperature changes. The period for healing is specific for the individual. It can be markedly shortened by meticulous home care or prescribed rinses or toothpastes. Please notify this office if your sensitivity causes radiating discomfort not relieved with over the counter analgesics.

Tender Gums – With the dynamics of chewing changed on a tooth, sometimes gums may recess from a tooth as it is restored with a temporary. Often, this is a changing status that will not effect the final restoration. Please notify the office if gums swell or become increasingly red. Sometimes rinses may be prescribed.

Precautions

Avoid sticky foods, don't break off foods with your temporary, and avoid foods that could stain clothing.

Cleaning Temporaries

Single crowns are brushed normally, massaging the gum and scrubbing the biting surface. Floss is introduced between teeth and pulled through to the side rather than pulled out at the chewing surface. A knot tied in the floss will pull impacted foods from around the temporary. If a temporary bridge is placed, floss threading will be taught at the time of placement.

Concerns for Interim Therapy

With a temporary in place, a definite appointment for continued treatment will be made. However, an interim appointment is needed if the temporary should become loose or produces a medicinal taste, as when first placed. Call the office for recementation.

If the temporary may break or crack, please call for a repair or replacement. If repaired or recementation is performed, additional damage can be avoided.

If a final impression was performed, gum sensitivity may be reduced with a warm salt water rinse. Please notify the office if over the counter analgesics do not reduce your sensitivity.

We hope you enjoy your changed smile and feel a sense of progress toward achieving your strategic goal of good dental health.

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407-629-4220